

## Report Abstract for Awarded Grant

### **Organization Name**

Lynn Institute for Health Research

### **Project Title**

Healthy Community Collaborative-Northeast Oklahoma City

### **Amount**

\$50,000

### **Project Start Date**

January 2016

### **Project End Date**

2026

### **Anticipated Number of People Impacted**

The 22,000 residents of NE OKC.

### **Actual Number of People Impacted**

As 2-year objectives are implemented, more people will be positively impacted by the Healthy Community Collaborative. Currently, we estimate 3,500 people have been reached through the work of the Healthy Community Collaborative-Northeast Oklahoma City.

### **Project Overview**

With leadership and facilitation from Lynn, the Healthy Community Collaborative-Northeast OKC is dedicated to improving the overall quality of life for the residents living in one of Oklahoma's most significant geographic areas of generations of poor health. The Collaborative worked for months to review the comprehensive data contained in the Lynn Lifestyle Summary-NE OKC. The group then prioritized the issues by dividing the areas of concern into five groups: Health, Community, Environment, Transportation, and Economy. After the review sessions, the goal setting sessions resulted in a new vision for NE OKC in 2026. The 10-year goals will be obtained through 2-year strategic tasks.

#### HCC 10 Year Goals

- NE OKC will have a population that exhibits strong mental, physical, and emotional lifestyles.
- NE OKC will have a transportation system which efficiently and affordably helps residents and visitors easily access all the assets and services in the area.
- NE OKC will have a sustainable economy which encourages and energizes healthy robust lifestyles.
- The NE OKC community will have a culture of strong family units and will celebrate

- learning and education.
- NE OKC is a preferred living destination featuring safe and beautiful spaces to live, work, and be healthy.

## Results

The HCC is currently implementing the 2-year objectives that will result in achieving the 10- year goals. The following objectives have been accomplished as of May 2018.

### Health

- Partnered with Federally Qualified Health Center regarding ways to provide residents with primary care physician appointments.
- Partnered with area restaurants to identify ways to make signature dishes healthier.

### Community & Economy

- Established HCC-NE OKC zone for ONE OKC 2018, serving 200 children.
- Developed an online portfolio for residents to easily access available resources for quality of life improvement.
- Facilitated a community forum comprised of area leaders to receive feedback on the Resource Portfolio.

### Environment

- Organized and executed two large-scale community cleanup events.

### Transportation

- Identified and shared all transportation resources available for health care.
- Launched HealthRide OKC to be a free (to the consumer) and convenient option for NE OKC residents in need of transportation to medical appointments, pharmacies, etc.

## Use of Funds

AIH 12 Month Collaborative Funding		Actuals
Staff	23,000	23,000
Catering	4,000	3,640
Office Supplies/Printing	3,500	3,820
Memberships/Subscriptions	1,000	920
Educational Resources	10,000	9,449
Marketing & Program Implementation Support	6,500	8,887
Contingency	2,000	750
	\$50,000	\$50,466

## Key Challenges

The Healthy Community Collaborative - NE OKC is comprised of 32 prominent local leaders with demanding schedules. Coordinating team meetings has become a real challenge for Lynn staff. The success of the Collaborative relies heavily on consistent participation from all members.

Each HCC Team has been assigned a Lynn staff liaison. The liaison is responsible for meeting reminders and producing timely and accurate meeting minutes. However, Lynn liaisons are often asked to complete tasks that should be conducted by members of the HCC. Lynn liaisons completing action items allows for the HCC to serve as a mere “think tank” rather than a working group. HCC members also lose a sense of ownership and connection when tasks are assigned to Lynn staff.

### **Key Learnings**

To assist with meeting implementation and action item completion, each HCC Team now has two Team Leads. Team Leads have been empowered to motivate the group and hold each other accountable for task completion and attendance. Also, at every HCC meeting, the Collaborative chairs will announce the importance of attendance and the limited involvement of Lynn staff in implementing tasks.

### **Recommendations for Future**

The Healthy Community Collaborative will work to improve NE OKC until 10-year goals are reached in 2026. To continue facilitation which is imperative for HCC success, Lynn must solicit funds to cover the yearly costs of the HCC. In 2019, Lynn will need to gather quantitative and qualitative data to ensure that the positive work of the HCC is in fact improving health outcomes for the residents of NE OKC. The Lynn Lifestyle Summary-NE OKC 2016 will serve as a baseline for measuring improvements in the areas of Transportation, Health, Community, Economy, and Environment.

### **Project Lead**

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### **Position Title**

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